JPDF 2026

14TH ANNUAL GLOBAL DIABETES CONVENTION

JULY 10, 11 & 12 | UDAY SAMUDRA, KOVALAM, TRIVANDRUM

6 CREDIT HOURS

APPROVED BY MEDICAL COUNCIL

HELPING YOU CHOOSE THE BEST IN CARE

Welcome to

JPEF 2026

Helping You Choose the Best in Care

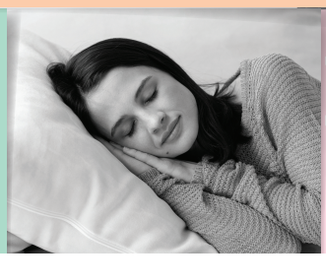
6 CREDIT HOURS
APPROVED BY MEDICAL COUNCIL

Welcome to the 14th edition of Jothydev's Professional Education Forum (JPEF) 2026, a premier platform where scientific evidence, clinical expertise, and innovation come together to advance diabetes care.

This year's theme, "Helping You Choose the Best in Care," reflects our commitment to empowering healthcare professionals with the knowledge and practical tools needed to make informed, individualized treatment decisions in an era of rapidly evolving therapies and technologies.

JPEF 2026 features a dynamic scientific program with expert lectures, panel discussions, debates, a medical quiz, live patient interactions, hands-on CGM and insulin pump workshops, and a comprehensive Diabetes Technology Expo. The forum provides a collaborative space for clinicians, researchers, diabetes educators, and healthcare innovators to exchange ideas, translate evidence into practice, and shape the future of diabetes care.

We look forward to welcoming you as we continue our shared mission of helping every healthcare professional choose the best in care.



JPEF 2026

P. KESAVADEV JPEF AWARD FOR THE BEST YOUNG RESEARCHER IN DIABETES 2026

Dear friends,
We are pleased to announce the prestigious 'P.Kesavadev JPEF Award for the Young Researcher in Diabetes 2026'. The winner will be awarded a cash prize of INR 1,00,000, a gold medal, a citation and a travel grant.

The JPEF Award Committee:
Dr. Georgi Abraham | Dr. Ashok Kumar Das | Dr. Jothydev Kesavadev

- A young researcher, aged 40 years or less.
- Can be from any speciality of medicine or a basic scientist or from any other branch of science or nutrition.
- Contribute to the science of diabetes care, treatment of complications or prevention.
- The submission is original work, unpublished at the time of submission.

https://awards.jpef.in/

P.Kesavadev JPEF Award
FOR THE BEST YOUNG RESEARCHER IN DIABETES
2026

Acknowledge and celebrate the excellence of outstanding scientists and researchers in the field of diabetes

JOTHYDEV'S PROFESSIONAL
EDUCATION FORUM

JPEF 2026

70 ABSTRACTS RECEIVED

THE STAGE IS SET!

https://abstract.jpef.in

Impress us and get
featured in the International
journal of diabetes and
technology

14TH ANNUAL GLOBAL DIABETES CONVENTION

JULY 10, 11 & 12 | UDAY SAMUDRA, KOVALAM

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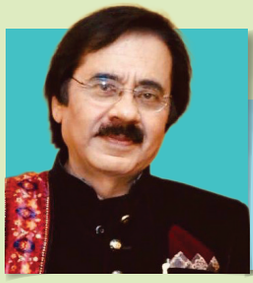

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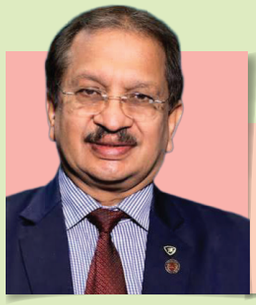

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JOTHYDEV'S PROFESSIONAL
EDUCATION FORUM

JPEF 2026

SPOT REGISTRATION
IS OPEN

Don't miss the **14th JPEF Annual Global Diabetes Convention 2026** at **Uday Samudra Leisure Beach Hotel** in Kovalam from **July 10th to 12th,** where you'll explore the theme "Helping You Choose The Best In Care."

https://registration.jpef.in/

JPOF 2026

14TH ANNUAL GLOBAL DIABETES CONVENTION

JULY 10, 11 & 12 | UDAY SAMUDRA, KOVALAM, TRIVANDRUM

Guiding clinicians through therapeutic choices

Gomprehensive Diabetes Technology Expo

Expert-led scientific sessions

Real-world practice

Interactive panel discussions

Technology adoption

Rich academic and experiential program

Practical workshops

JPOF 2026

WORKSHOPS

EXERCISE & NUTRITION IN ACTION: A HANDS ON WORKSHOP FOR METABOLIC DISEASE MANAGEMENT

TIME: 02:30 PM-03:15 PM

AID MASTERCLASS: FROM DAY 1 TO REAL-WORLD EXCELLENCE

TIME: 07:15 PM-08:25 PM

CGM WORKSHOP CHOOSING THE RIGHT CGM: ACCURACY AND INDIVIDUALIZATION ACROSS THE DIABETES SPECTRUM

TIME: 10:10AM- 11:40 AM

JPOF 2026

SCIENTIFIC HIGHLIGHTS

1. Teplizumab, Stem Cells & the Quest for a Cure in Type 1 Diabetes

2. **AI, Automated Insulin Delivery & Personalized Diabetes Care:** The Next Digital Revolution

3. **Retatrutide, CagriSema, MariTide & Survodutide:** The New Era of Anti-Obesity Therapy

4. **Aldosterone Synthase Inhibitors:** Vicadrostat, Baxdrostat and Beyond

5. **Awiqli®, the Once-Weekly Basal Insulin:** Redefining Insulin Therapy

6. **Afrezza®:** The Return of Inhaled Insulin- now also approved in Children

7. **The Noxious Nine:** Unmasking Hypercortisolism as a Major Driver of Hyperglycaemia in Type 2 Diabetes

8. **Beyond BMI:** Body Composition Analysis for Precision Metabolic Care

9. **CGM Evolution:** Greater Convenience and Smarter Glucose Insights

10. Practical Pearls in Geriatric Diabetes Management

ENJOY YOUR
STAY NOW

Leela Raviz
Kovalam

JPOF 2026

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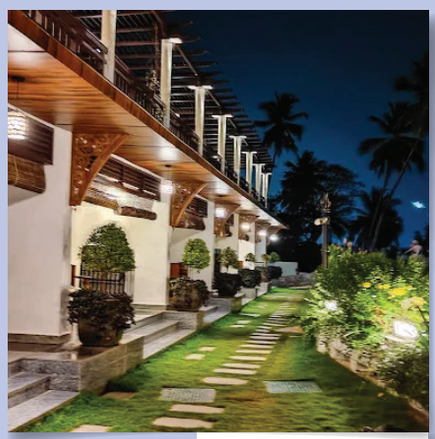

Turtle On the Beach
Kovalam

Taj Green Cove
Kovalam

Getaway Beach Resort | KTDC Samudra | Uday Suits
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SADIKOT HALL

DAY 1 - 10TH JULY 2026, FRIDAY

JPOT 2026

TIME	TOPIC	SPEAKER
Moderators: Ms. Sheryl Salis (Mumbai), Ms. Anjana Basanth (Trivandrum)		
02:00PM-02:30PM	**3 Things I Would Like to Ask/Tell My Doctors: A conversation with T1D**	Ms.Jyotsana Rangeen (New Delhi) Ms. Mehak Dhingra (New Delhi) Ms. Indu Thampy (Trivandrum)
Moderators: Dr. Arun Shankar (Trivandrum), Dr. Ajayakumar S (Adimali)		
02:30 PM-03:05 PM	**SIMPLIFYING COMPLEXITY IN INJECTABLE DIABETES CARE**	
02:30 PM-02:45 PM	**The Evidence Continuum for Second-Generation Basal Insulin**	Dr. Sameer Agarwal (New Delhi)
02:45 PM-03:00 PM	**iGlar Lixi: A SOLID approach to break treatment complexity**	Dr. Shashank Joshi (Mumbai)
03:00 PM-03:05 PM	**Discussion**	
Chairpersons: Dr. Yaseen Unes (Haripad), Dr. Junaid Naina (Trivandrum)		
03:05 PM-03:25 PM		
03:05 PM-03:20 PM	**MAPS -Metabolic Assessment and Precision System ...Insights into Diabesity**	Dr. Hiren Prajapati (Ahmedabad)
03:20 PM-03:25 PM	**Discussion**	

SADIKOT HALL

DAY 1 - 10TH JULY 2026, FRIDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Shahana Yasmin (Kanhangad), Dr. Shamboo Samrat (Kolkata)		
03:25 PM-03:45 PM		
03:25 PM-03:40 PM	**Ketones Beyond Ketoacidosis: Reframing β-Hydroxybutyrate as a Critical Metabolic Vital Sign in Modern Endocrinology**	Dr. Vicknesh Krishnan (Malaysia)
03:40 PM-03:45 PM	**Discussion**	
Moderator: Dr. Arpandev Bhattacharyya (Bengaluru)		
03:45 PM-04:45 PM	**REFRAMING OBESITY MANAGEMENT, MULTIORGAN RISK & INCRETIN THERAPIES**	
03:45 PM-04:00 PM	**Obesity as a Chronic Disease: Beyond the BMI Paradigm**	Dr. Karthik V (Trivandrum)
04:00 PM-04:15 PM	**One Disease, Many Organs: The Silent Progression from Fat to Organ Dysfunction**	Dr. K V S Harikumar (Hyderabad)
04:15 PM-04:30 PM	**The Incretin Advances: Mono-agonism to Dual Agonism in Treatment of Obesity and its Clinical Implications**	Dr. Shreerang Godbole (Pune)
04:30 PM-04:40 PM	**Putting it all together: Integrating Evidence into Practice and Concluding Remarks**	Dr. Arpandev Bhattacharyya (Bengaluru)
04:40 PM-04:45 PM	**Panel Discussion: Q & A**	

SADIKOT HALL

DAY 1 - 10TH JULY 2026, FRIDAY

JPOT 2026

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Chacko Varghese (Trivandrum), Dr. Rajalekshmi S (Trivandrum)		
04:45 PM-05:05 PM		
	KEYNOTE LECTURE	
04:45 PM-05:00 PM	**Challenges in the Diagnosis of Diabetic Kidney Disease**	Dr. Georgi Abraham (Chennai)
05:00 PM-05:05 PM	**Discussion**	
Moderators: Dr. Roy R Chandran (Calicut), Dr. Rajapaul (Chennai)		
05:05 PM-05:40 PM		
05:05 PM-05:20 PM	**Salt sensitivity in Modern Hypertension Therapeutics: Diuretics Perspective**	Dr. Shashank Joshi (Mumbai)
05:20 PM-05:35 PM	**Bridging Glucocentricity and Cardio-Renal Protection in Type 2 Diabetes with Modern Sulphonylurea Focus**	Dr. R Gopinath (Madurai)
05:35 PM-05:40 PM	**Discussion**	
Chairpersons: Dr. John Panicker (Trivandrum), Dr. Amirthlal P (Kollam)		
05:40 PM-06:00 PM		
05:40 PM-05:55 PM	**Type 5 Diabetes: Solving the Malnutrition–Diabetes Puzzle**	Dr. Jayant K Panda (Odisha)
05:55 PM-06:00 PM	**Discussion**	

SADIKOT HALL

DAY 1 - 10TH JULY 2026, FRIDAY

JPCP 2026

TIME	TOPIC	SPEAKER
Moderators: Dr. Mohanan Nair (Trivandrum), Dr. Jayant K Panda (Odisha)		
06:00 PM-06:50 PM		
06:00 PM-06:15 PM	**Breaking Through Insulin Initiation Barriers with Premixes**	Dr. Jothydev Kesavadev (Trivandrum)
06:15 PM-06:30 PM	**Inhale the Change: A Paradigm Shift in Prandial Insulin Delivery**	Dr. Tittu Oommen (Trivandrum)
06:30 PM-06:45 PM	**Obesity- Screening and Management**	Dr. Akhil Krishna (Trivandrum)
06:45 PM-06:50 PM	**Discussion**	
Chairpersons: Dr. Jothydev Kesavadev (Trivandrum), Dr. Asha Ashik (Kochi)		
06:50 PM-07:15 PM		
06:50 PM-07:10 PM	**Changing Paradigm in Lipid Lowering**	Dr. Praveen S V (Trivandrum)
07:10 PM-07:15 PM	**Discussion**	
Chairpersons: Dr. Smita Joshi (Ahmedabad), Dr. Dhruvi Hasnani (Ahmedabad)		
07:15 PM-07:50 PM		
07:15 PM-07:30 PM	**All Glitters are Not Gold**	Dr. P K Jabbar (Trivandrum)
07:30 PM-07:45 PM	**Amylin as a Target for Obesity**	Dr. Purvi Chawla (Mumbai)
07:45 PM-07:50 PM	**Discussion**	

SADIKOT HALL

DAY 1 - 10TH JULY 2026, FRIDAY

JPOT 2026

TIME	TOPIC	SPEAKER
Moderators: Ms. Jyotsana Rangeen (New Delhi), Ms. Varsha Shyam (Trivandrum)		
07:50 PM-08:25 PM	**CHANGING THE COURSE OF TYPE 1 DIABETES: FROM ADVOCACY TO CURE**	
07:50 PM-08:05 PM	**Rewriting the Story of Type 1 Diabetes: Teplizumab, Cell Therapy and Beyond**	Dr. Mohan T Shenoy (Trivandrum)
08:05 PM-08:20 PM	**T1DM: The Power of Advocacy and National Policymaking**	Dr. Smita Joshi (Ahmedabad)
08:20 PM-08:25 PM	**Discussion**	
08:30 PM-09:30 PM	**ZUMBA NIGHT**	
09:30 PM Onwards	**DINNER**	

M VISWANATHAN HALL

DAY 1 - 10TH JULY 2026, FRIDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Murali Gopal (Kannur), Dr. Sanjay Gandhi (Pune)		
02:30 PM-02:50 PM	**THE FORGOTTEN FACES**	
02:30 PM-02:45 PM	**AI and Sexual Dysfuntion in Diabetes**	Dr. Deepak Jumani (Bombay)
02:45 PM-02:50 PM	**Discussion**	
Chairpersons: Dr. Jayalekshmi R Kurup (Kochi), Ms. Geethu Sanal (Trivandrum)		
02:50 PM - 03:10 PM		
02:50 PM-03:05 PM	**Role of Protein and Fiber Rich Nutrition in GLP-1 Era**	Dr. Suresh Damodharan (Coimbatore)
03:05 PM-03:10 PM	**Discussion**	
Moderators: Dr. Utsav Banerjee (Kolkata), Dr. Amirthlal P (Kollam)		
03:10 PM-03:55 PM	**NEW BIOLOGY, NEW THERAPIES**	
03:10 PM-03:25 PM	**Gut, Adipose and Brain Metabolic Communication - The Triad of Energy Homeostasis**	Dr. Balaji Chidambaram (Kumbakonam)
03:25 PM-03:40 PM	**Immunisation in Diabetes: Why Prevention Matters More Than Ever**	Dr. Arun Shankar (Trivandrum)
03:40 PM-03:55 PM	**Bone Health in Diabetes**	Dr. Roy R Chandran (Calicut)
03:55 PM-04:00 PM	**Discussion**	

M VISWANATHAN HALL

DAY 1 - 10TH JULY 2026, FRIDAY

JPOF 2026

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Arun Shankar (Trivandrum), Dr. Sajesh Ashokan (Muvattupuzha)		
04:00 PM-04:35 PM	**THE HIDDEN BURDEN OF DIABETES: SLEEP, COGNITION AND BEYOND**	
04:00PM-04:15 PM	**Cognitive Decline in an Aging Population with Diabetes: An Emerging Crisis**	Dr. Athul Vyas (Trivandrum)
04:15PM-04:30 PM	**Obstructive Sleep Apnoea in diabetes, Need for Early Diagnosis**	Dr. A V Raveendran (Oman)
04:30 PM-04:35 PM	**Discussion**	
Chairpersons: Dr. Akshay Subramanian (Trivandrum), Ms. Geethu Sanal (Trivandrum)		
04:35 PM-04:55 PM		
04:35 PM-04:50 PM	**Integrated Nutrition Management**	Dr. Dharini Krishnan (Chennai)
04:50 PM-04:55 PM	**Discussion**	
Chairpersons: Dr. Samboo Samrat (Kolkata), Dr. Thankam D (Trivandrum)		
04:55 PM-05:15 PM		
04:55 PM-05:10 PM	**QuantALFA™: A Quantitative POC Platform for Screening Diabetes and Related Complications**	Dr. Dhananjaya Dendukuri (Bengaluru)
05:10 PM-05:15 PM	**Discussion**	

M VISWANATHAN HALL

DAY 1 - 10TH JULY 2026, FRIDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. N N Anand (Chennai), Dr. Murali Gopal (Kannur)		
05:15 PM-05:35 PM		
05:15 PM-05:30 PM	**Decoding Sulfonylureas (SU): Why Gliclazide Isn't Just Another SU?**	Dr. Karthik V (Trivandrum)
05:30 PM-05:35 PM	**Discussion**	
Moderators: Dr. Arun Shankar (Trivandrum), Dr. A V Raveendran (Oman)		
05:35 PM-06:25 PM	**IJDT SYMPOSIUM**	
05:35 PM-05:50 PM	**Obesity, Diabetes and Cancer: Connecting the Dots**	Dr. Balagopal PG (Kochi)
05:50 PM-06:05 PM	**Longevity Medicine and Healthy Aging: The New Frontier of Clinical Medicine**	Dr. Sajesh Asokan (Muvattupuzha)
06:05 PM-06:20 PM	**Right Test, Right Patient, Right Time: Approach to management of Young Diabetes**	Dr. Chandni R (Calicut)
06:20 PM-06:25 PM	**Discussion**	
Chairpersons: Dr. Dharini Krishnan (Chennai), Dr. Jayalekshmi R Kurup (Kochi)		
06:25 PM-07:15 PM	**LOVE YOU AMMA: DIABETES CARE IN PREGNANCY**	
06:25 PM-06:40 PM	**Hope and Scope for Prevention of Diabetes GDM Clusters**	Dr. Bhavatharini (Erode)
06:40 PM-06:55 PM	**Technology in Pregnancy**	Dr. Amit Dey (Kolkata)

M VISWANATHAN HALL

DAY 1 - 10TH JULY 2026, FRIDAY

JPCF 2026

TIME	TOPIC	SPEAKER
06:55 PM-07:10 PM	**Role of AI in GDM: Current Scenario**	Dr. Alok Modi (Mumbai)
07:10 PM-07:15 PM	**Discussion**	
Chairpersons: Dr. Chandni R (Calicut), Dr. Yaseen Unes (Haripad)		
07:15 PM-07:50 PM		
07:15 PM-07:30 PM	**KEYNOTE LECTURE** **G synergy: GLP GIP Glucagon; Current Concepts**	Dr. Sreejith N Kumar (Trivandrum)
07:30 PM-07:45 PM	**Proper Management of Inpatient Hyperglycemia- Science, Myth or Compromise**	Dr. K P Rajesh (Calicut)
07:45 PM-07:50 PM	**Discussion**	
Chairpersons: Dr. Ajayakumar S (Adimali), Dr. Raveendranath V (Trichy)		
07:50 PM-08:10 PM		
07:50 PM-08:05 PM	**Breakthrough Trials or Concepts in 2026**	Dr. Vipul Chavda (Ahmedabad)
08:05 PM-08:10 PM	**Discussion**	
Chairperson: Dr. Arun Shankar (Trivandrum), Dr. Rajalekshmi S (Trivandrum)		
08:10 PM-08:30 PM		
08:10 PM-08:30 PM	**Medical Council Regulation and Ethics**	Dr. Mohanan Nair (Trivandrum)
08:30 PM-09:30 PM	**ZUMBA NIGHT**	
09:30 PM Onwards	**DINNER**	

V C MATHEW ROY HALL

DAY 1 - 10TH JULY 2026, FRIDAY

TIME	TOPIC	SPEAKER
Chairperson: Dr. Shahana Yasmin (Kanhangad)		
03:00 PM-03:20 PM		
03:00 PM-03:15 PM	**The Forgotten organelle in type 2 diabetes**	Dr. Hossam Arafa Ghazi (Egypt)
03:15 PM-03:20 PM	**Discussion**	
Judges: Dr. Anita Nambiar (Kochi), Dr. Junaid Naina (Trivandrum)		
03:30 PM-04:40 PM	**JPEF 2026 ORAL ABSTRACT PRESENTATION**	
03:30 PM-03:39 PM	**Rhabdomyolysis in Hyperosmolar Hyperglycemic State: An Under-recognized Complication**	Dr. Gurucharan Ravichandaran (Chennai)
03:40 PM-03:49 PM	**The Gut-Skin Axis in Diabetes Mellitus: Microbiome Dysbiosis, Intestinal Barrier Disruption, and Cutaneous Pathology- A SANRA-Compliant Narrative Review**	Dr. Sivaramaparipooranan M (Tirunelveli)
03:50PM-03:59 PM	**Pattern of Dyslipidemia and its Association with Glycemic Parameters in Individuals with Prediabetes**	Dr. Deepak Raj (Chennai)
04:00 PM-04:09 PM	**Knowledge and Practices of Self Foot Care and Diabetic Foot Ulcer Severity in a Tertiary Hospital**	Dr. Muhammed Safeer P (Calicut)
04:10 PM-04:19 PM	**The Unseen Face of Diabetic Plexopathy: A Case of Bruns - Garland Syndrome -A Diagnostic Challenge in a Middle -Aged Diabetic Female**	Dr. Amjitha P T

V C MATHEW ROY HALL

DAY 1 - 10TH JULY 2026, FRIDAY

TIME	TOPIC	SPEAKER
04:20 PM-04:29 PM	**MASLD Secondary Prevention - Ideal Screening Modalities in India**	Dr. S Sivalingam (Kanniyakumari)
04:30 PM-04:39 PM	**Early Responders to Semaglutide 7.2 mg: A Post Hoc Analysis of the STEP UP Trial in Adults with Obesity**	Dr. Kiran Warrier (Bengaluru)

Chairperson: Dr. Junaid Naina (Trivandrum), Utsav Banerjee (Kolkata)

04:40 PM -05:00 PM		
04:40 PM-04:55 PM	**Beyond GLP-1: The Next Wave of Anti-Obesity Therapies**	Dr. Suresh Kanna (Chennai)
04:55 PM-05:00 PM	**Discussion**	

Moderator: Dr. Sanjay Zachariah (Trivandrum)

05:05 PM -05:50 PM	**NOT ALL DIABETES!**	
05:05 PM-05:25 PM	**LADA: Not Every Adult with Diabetes Has Type 2 Diabetes**	Dr. Junaid Naina (Trivandrum)
05:25 PM-05:45 PM	**Prediabetes: The Window of Opportunity We Cannot Afford to Miss**	Dr. Shahana Yasmin (Kanhangad)
05:45 PM-05:50 PM	**Discussion**	

Moderators: Dr. T Prasanna Kumar (Kochi), Dr. Thomas Titus (Trivandrum)

05:50 PM- 06:30 PM	**EXPANDING HORIZONS IN DIABETES CARE**	
05:50 PM-06:05 PM	**Precision Dentistry in Diabetes : Tailored Care for Every Smile**	Dr. Manikandan G R (Trivandrum)

V C MATHEW ROY HALL

DAY 1 - 10TH JULY 2026, FRIDAY

TIME	TOPIC	SPEAKER
06:05 PM-06:20 PM	**From Individual Care to Community Action: Rethinking Diabetes Prevention**	Dr. Sanjay Gandhi (Pune)
06:20 PM-06:30 PM	**Discussion**	

Moderators: Dr. Aswin Kumar (Trivandrum), Dr. Thankam D (Trivandrum), Dr. Suby S B (Trivandrum)

06:30 PM-07:15 PM	**EYE FOR AN EYE!**	
06:30 PM-06:40 PM	**PathoAnatomy of Diabetic Retinopathy**	Dr. K Mahadevan (Trivandrum)
06:40 PM-06:55 PM	**Current Status of the Management of Diabetic Retinopathy. How to Choose the Best Care for Your Patients**	Dr. Athira P (Trivandrum)
06:55 PM-07:10 PM	**New Vistas in the Treatment Of Diabetic Vitreo - Retinal Disease**	Dr. Ashad Sivaraman (Trivandrum)
07:10 PM-07:15 PM	**Discussion**	

Moderators: Dr. Akshay Subramanium (Trivandrum), Dr. Suresh Kanna (Chennai), Dr. Jothydev Kesavadev (Trivandrum)

07:15 PM-08:25 PM	**AID MASTERCLASS: FROM DAY 1 TO REAL-WORLD EXCELLENCE**	
07:15 PM-07:30 PM	**Optimising Impact from Day 1 with MiniMed 780G**	Dr. Khizer Hussain (Hyderabad)
07:30 PM-07:45 PM	**Data Interpretation to Unearth Clinical Insights**	Dr. Banshi Saboo (Ahmedabad)

V C MATHEW ROY HALL

DAY 1 - 10TH JULY 2026, FRIDAY

TIME	TOPIC	SPEAKER
07:45 PM -08:00 PM	**Sick Days, Exercise, Fasting, Complex Meals**	Dr. Manoj Chawla (Mumbai)
08:00 PM -08:25 PM	**Hands - on and Discussion**	

Judges: Dr. Arun Shankar (Trivandrum), Dr. Chandni R (Calicut)

08:25 PM-09:00 PM	**JPEF 2026 ORAL ABSTRCT PRESENTATION**	
08:25 PM – 08:34 PM	**Spectrum of Diabetic Autonomic Neuropathy Presenting with Orthostatic Hypotension: A Case Series of Three Patients**	Dr. Nishanth M (Chennai)
08:35 PM – 08:44 PM	**Systamatic Review GLP-1 Receptor Agonists and Delayed Gastric Emptying: Anaesthetic and Surgical Implications**	Dr. Sreya Sastha Kumar (Tirunelveli)
08:45PM- 08:54PM	**Female Sexual Dysfunction in Diabetic Women Evaluation Using Female Sexual Function Index: A Cross-sectional Study**	Dr. Mukesh Darshan (Rishikesh)
08:30 PM-09:30 PM	**ZUMBA NIGHT**	
09:30 PM Onwards	**DINNER**	

SADIKOT HALL

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
Judges: Dr. Asha Ashik (Kochi), Dr. Raveendran A V (Oman)		
08:30 AM-09:10 AM	**JPEF 2026 ORAL abstract PRESENTATION**	
08:30 AM-08:39 AM	**Three-Year Longitudinal Follow-Up of Fibroscan-Detected NAFLD in Patients with Diabetes and Metabolic Syndrome: A Real-World Outpatient Experience**	Dr. Ritu Johari (Mumbai)
08:40 AM- 08:49 AM	**Residual Maladaptation Score (RMS): A Novel Risk Stratification Index for Early Detection of Diabetes and Valvular Heart Disease in Hypothyroid Patients Beyond Conventional Thyroid Markers**	Dr. Ashwin Karuppan Vishwanathan (Chennai)
08:50 AM- 08:59 AM	**Burden and Impact of Herpes Zoster and related complications in India**	Dr. Yashpal Chugh (Mumbai)
09:00 AM- 09:09 AM	**Clinical, Metabolic, and Reproductive Effects of Metformin, Liraglutide, and Semaglutide in Women with Polycystic Ovary Syndrome: A 6-Month Comparative Observational Study**	Dr. Sheik Arshad Ali (Chennai)

SADIKOT HALL

DAY 2 - 11TH JULY 2026, SATURDAY

JPOF 2026

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Amit Dey (Kolkata), Dr. Thankam D (Trivandrum)		
09:15 AM-09:50 AM		
09:15 AM-09:30 AM	**Understanding Diabetic Embryopathy: Roles of Oxidative Stress and Embryo Gene Expression**	Dr. Braj Kishore Singh (Bihar)
09:30 AM-09:45 AM	**The Noxious Nine in Type 2 Diabetes: Unmasking Hypercortisolism as a Driver of Hyperglycemia**	Dr. Brij Mohan Makkar (New Delhi)
09:45 AM-09:50 AM	**Discussion**	
Chairpersons: Dr. Anita Nambiar (Kochi), Dr. Jayakrishnan B (Tirur)		
09:50 AM-10:15 AM	**V C MATHEW ROY ORATION**	
	Revisiting metabolic syndrome	Dr. Rakesh Parikh (Jaipur)
Chairpersons: Dr. Arun Shankar (Trivandrum), Dr. Thomas Titus (Trivandrum)		
10:15 AM-10:35 AM		
10:15 AM-10:30 AM	**Aldosterone Dysregulation Driven Hypertension and Cardiorenal Harm: Emerging Evidence with Baxdrostat**	Dr. Tiny Nair (Trivandrum)
10:30 AM-10:35 AM	**Discussion**	

SADIKOT HALL

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Georgi Abraham (Chennai), Dr. Shaji Khan A (Perunthalmanna)		
10:35 AM-11:00 AM	**KESAVADEV ORATION**	
	Uncontrolled Diabetes : Effect on Kidney and Heart with focus on CKM Syndrome	Dr. A K Singh (Kolkata)
Chairpersons: Dr. Ashok Kumar Das (Puducherry)		
11:00 AM-12:00 PM	**T2D REIMAGINED: HOLISTIC CARE IN THE ERA OF TIRZEPATIDE**	
11:00 AM-11:05 AM	**Context Setting**	Dr. Ashok Kumar Das (Puducherry)
11:05 AM-11:20 AM	**Glycemic control : Driving Patients to Near-normal Glucose**	Dr. Swati Goray (Pune)
11:20 AM-11:35 AM	**Weight & Metabolic Health: Targeting the Root, Not Just Symptoms**	Dr. Nanditha Ramachandran (Chennai)
11:35 AM-11:50 AM	**Multisystem Burden of T2D: Heart, Kidney, Liver and Beyound**	Dr. Manoj Chawla (Mumbai)
11:50 AM-12:00 PM	**Panel Discussion Q & A**	Dr. Ashok Kumar Das (Puducherry)
Chairpersons: Dr. Dhruvi Hasnani (Ahmedabad), Dr. A P Radhakrishnan (Palakkad)		
12:00 PM-12:30 PM		
12:00 PM-12:20 PM	**CGM Accuracy Gaps & Implications in Diabetes Management- A Clinician's Perspective on iCGM Standards**	Dr. Daphne Gardner (Singapore)
12:20 PM-12:30 PM	**Discussion**	

SADIKOT HALL

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Georgi Abraham (Chennai), Dr. Mohan Varghese (Thiruvalla), Dr. Beena Unnikrishnan (Trivandrum)		
12:30 PM-1:30 PM	**OBESITY SYMPOSIUM: INTERCEPTING INTERCONNECTED DISEASE PATHWAYS VIA SEMAGLUTIDE THERAPY**	
12:30 PM-12:50 PM	**KEYNOTE LECTURE** **The CKM Continuum: From Shared Pathways to Integrated Management**	Dr. Manoj Chawla (Mumbai)
12:50 PM-1:10 PM	**Obesity Management Redefined: Semaglutide And Emerging Evidence**	Dr. Suresh Damodharan (Coimbatore)
1:10 PM-1:30 PM	**Solving the MASLD Mosaic: Semaglutide and the New Frontier of MASLD Therapy**	Dr. Krishna Seshadri (Chennai)
01:30 PM-2:30 PM	**LUNCH BREAK**	
Judge: Dr. Dhruvi Hasnani (Ahmedabad), Dr. A P Radhakrishnan (Palakkad)		
02:00 PM-2:30 PM	**JPEF 2026 ORAL ABSTRACT PRESENTATION**	
02:00PM- 02:09 PM	**Vitamin D Deficiency- Exploring patterns in T2DM patients attending a Tertiary Care Endocrinology OPD**	Dr. Abin Roy (Trivandrum)
02:10PM- 02:19 PM	**Lipid Testing in Patients with Cardiovascular Risk Factors – Indian Clinicians' Perspectives**	Dr. Blessy Saju (Kochi)
02:20PM- 02:29 PM	**Early Responders to Oral Semaglutide 25 mg: A Post Hoc Analysis of the OASIS 4 Trial**	Dr. Vijaya Vasanthakumar (Bengaluru)

SADIKOT HALL

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Sabu Augustine (Madurai), Dr. Lotika Purohit (Mumbai)		
02:30 PM-02:50 PM		
02:30 PM-02:45 PM	**Advances in Insulin Therapy: What's New and What's Next?**	Dr. Sanjay Agarwal (Pune)
02:45 PM-02:50 PM	**Discussion**	
Chairpersons: Dr. Shahbaz Zailu (Trivandrum), Dr. Madhu N (Paravur)		
02:50 PM-03:15 PM		
02:50 PM-03:10 PM	**From Innovation to Impact: Role of Semaglutide in Diabetes Management**	Dr. Krishna Seshadri (Chennai)
03:10 PM-03:15 PM	**Discussion**	
Moderators: Dr. Murali Gopal (Kannur), Dr. Nirmal George (Trivandrum)		
03:15 PM- 04:00 PM	**AUTHENTICITY TO INNOVATION: SECURING THE PRESENT AND NAVIGATING THE FUTURE OF OBESITY CARE**	
03:15 PM-03:35 PM	**Basal Insulin Redefined: The Science Behind Once - Weekly Insulin Icodec**	Dr. A K Singh (Kolkata)
	JPEF ORATION	
03:35 PM-03:55PM	**The Future of Adiposity: Navigating The Emerging Molecular Pipeline In Obesity Care.**	Dr. Shashank Joshi (Mumbai)
03:55 PM-04:00 PM	**Discussion**	

SADIKOT HALL

DAY 2 - 11TH JULY 2026, SATURDAY

JPOF 2026

TIME	TOPIC	SPEAKER
04:00 PM-05:00PM	**INAUGURATION**	
Moderators: Dr. Rafiq Mohamed (Kochi), Dr. Jayakrishnan B (Tirur)		
05:00 PM-05:55 PM	**MANAGING DIABETES WITH EVIDENCE, CONFIDENCE AND CONVENIENCE**	
05:00 PM-05:20 PM	**Rewriting the T2D Therapy Timelines- Incretin-First Approach with Semaglutide**	Dr. Mathew John (Trivandrum)
05:20 PM - 05:40 PM	**Peptide Innovation - Unlocking Cardiometabolic Impact with Oral Semaglutide.**	Dr. Kalyan Kumar Gangopadhyay (Kolkata)
05:40 PM - 05:55 PM	**Discussion**	
Chairpersons: Dr. Rakesh Parikh (Jaipur), Dr. Anita Nambiar (Kochi)		
05:55 PM-06:20 PM	**RSSDI PRESIDENTIAL ORATION**	
	Diabetes management in poor resource settings	Dr. Anuj Maheshwari (Lucknow)

SADIKOT HALL

DAY 2 - 11TH JULY 2026, SATURDAY

JPCRF 2026

TIME	TOPIC	SPEAKER
Moderators: Dr. Prasanth Sankar (Pathanamthitta), Dr. Ajith Kumar S (Trivandrum), Dr. Anil Vijayakumar (Kollam)		
06:20 PM -07:10 PM	**CHOOSING THE RIGHT DRUG FOR THE RIGHT PATIENT**	
06:20 PM-06:35 PM	**From Insulin Resistance to Organ Protection: Repositioning Pioglitazone-Based Combinations**	Dr. Krishna Seshadri (Chennai)
06:35 PM-06:50 PM	**SGLT2 Inhibitors in the GLP-1 Era: When, Where, and With What to Combine**	Dr. A K Singh (Kolkata)
06:50 PM-07:05 PM	**Sulfonylureas Revisited: Delivering Foundational Glycaemic Control in Modern Practice**	Dr. S R ARAVIND (Bengaluru)
07:05 PM-07:10 PM	**Discussion**	
Moderators: Dr. Anita Nambiar (Kochi), Dr. Ashwin David Ashok (Attingal)		
07:10 PM-08:00 PM	**DIABETES TECHNOLOGY SYMPOSIUM**	
07:10 PM-07:30 PM	**Diabetes Technology: Paving the way to Normoglycemia**	Dr. Julia Mader (Austria)
07:30 PM-07:50 PM	**From Promise to Proof: New Real-World Data and Clinical Insights with MiniMed™ 780G**	Dr. Vinay Mukhekar (Mumbai)
07:50 PM-08:00 PM	**Discussion**	

SADIKOT HALL

DAY 2 - 11TH JULY 2026, SATURDAY

JPCP 2026

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Sumesh Raj (Trivandrum), Dr. Sunil Prasobh P (Trivandrum)		
08:00 PM-08:35 PM		
08:00 PM-08:15 PM	**Fatty Liver (MASLD): Role of Saroglitazar: A Dual PPAR Agonist**	Dr. Amit Gupta (Noida)
08:15 PM-08:30 PM	**Imeglimin: A powerhouse approach to Type 2 Diabetes**	Dr. A K Singh (Kolkata)
08:30 PM-08:35 PM	**Discussion**	
Chairpersons: Dr. Raveendran A V (Oman), Dr. Suresh Kumar P (Calicut)		
08:35 PM- 09:00 PM		
08:35 PM-08:50 PM	**Choosing the Right Injectable in T2DM: Basal Insulin, GLP-1 RA or both – Who, When, Why?**	Dr. Pratap Jethwani (Rajkot)
08:50 PM-09:00 PM	**Discussion**	
09:00 PM-10:00 PM	**GALA DINNER**	
10:00 PM ONWARDS	**DJ AND ENTERTAINMENT**	

M VISWANATHAN HALL

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
Judges: Dr. Sunil Prasobh (Trivandrum), Dr. Sumesh Raj (Trivandrum)		
08:30 AM-09:00 AM	**JPEF 2026 ORAL ABSTRACT PRESENTATION**	
08:30 AM-08:39 AM	**Cerebral venous thrombosis occurring as a rare complication of diabetic ketoacidosis in a newly detected young-onset diabetes: A case report**	Dr. Amjed Kassim (Kollam)
08:40 AM- 08:49AM	**Effect of semaglutide on ankle-brachial index in people with peripheral artery disease and type 2 diabetes: An analysis of the STRIDE trial by disease severity.**	Dr. Varun Santhosh (Bengaluru)
08:50AM- 08:59AM	**Assessment of Renal Cortical Thickness as a Marker of Renal Function in Diabetic Nephropathy**	Dr. Vemuri Satwick (Chennai)
Chairpersons: Ms. Sheryl Shalis (Mumbai), Dr. Hitesh Saraogi (Ghaziabad)		
09:00 AM-09:20 AM		
09:00 AM-09:15 AM	**Eating Out Without Spiking Out : Restaurant Menu "Decoding Tips"**	Dr. Meenakshi Bajaj (Chennai)
09:15 AM-09:20 AM	**Discussion**	

M VISWANATHAN HALL

DAY 2 - 11TH JULY 2026, SATURDAY

JPOF 2026

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Shahana Yasmin (Kanhangad), Dr. Sanjay Zachariah (Trivandrum)		
09:20 AM-10:10 AM		
09:20 AM-09:35 AM	**Cardiac Autonomic Neuropathy Detection in Type 2 Diabetes**	Dr. Shambo Samrat (Kolkata)
09:35 AM-09:50 AM	**Muscle as a Victim of Metabolic Dysfunction**	Dr. Jugal Kishor Sharma (New Delhi)
09:50 AM-10:05 AM	**From Insulin to Twincretins: The Evolution of Cardiometabolic Therapeutics**	Dr. Balakrishnan Valliyot (Kannur)
10:05 AM-10:10 AM	**Discussion**	
Moderators: Dr. Abhishek Raha (Assam), Dr. Alok Modi (Mumbai)		
10:10 AM-11:00 AM	**AI FOR BETTER HEALTH: LIFESTYLE DISEASE MANAGEMENT**	
10:10 AM-10:25 AM	**AI Prediction Model for Detection of CKD in Type 2 Diabetes**	Dr. Beena Unnikrishnan (Trivandrum)
10:25 AM-10:40 AM	**Application of AI in Diabetes Management**	Dr. Yaseen Unes (Haripad)
10:40 AM-10:55 AM	**Doctors and AI: Partners in Delivering Better Cardiometabolic Health**	Dr. Anand Pillai (Trivandrum)
10:55 AM-11:00 AM	**Discussion**	

M VISWANATHAN HALL

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Amirthlal P (Kollam), Dr. Thankam D (Trivandrum)		
11:00 AM-11:20 AM		
11:00 AM-11:15 AM	**Preventing Herpes Zoster in Patients With Cardio-metabolic Diseases**	Dr. Tiny Nair (Trivandrum)
11:15 AM-11:20 AM	**Discussion**	
Chairperson: Dr. Yaseen Unes (Haripad)		
11:20 AM-11:40 AM		
11:20 AM-11:35 AM	**Saving Vision- The impact of AI in Diabetes Eye Care**	Dr. Jothydev Kesavadev (Trivandrum)
11:35 AM-11:40 AM	**Discussion**	
Chairpersons: Dr. Sandeep Suri Hissar (New Delhi), Dr. Rajesh Kesari (New Delhi)		
11:40 AM-12:05 PM		
11:40 AM-12:00 PM	**Evolving Space of Cholelithiasis or Gallstones in the GLP-1 era.**	Dr. Shashank Joshi (Mumbai)
12:00 PM-12:05 PM	**Discussion**	

M VISWANATHAN HALL

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Vipul Chavda (Ahmedabad), Dr. Pratap Jethwani (Rajkot)		
12:05 PM-12:30 PM		
12:05 PM-12:25 PM	**Leading the Charge: Optimising Finerenone use in T2D Patients with Heart and Kidney Disease**	Dr. A K Singh (Kolkata)
12:25 PM-12:30 PM	**Discussion**	
Chairpersons: Dr. Anita Nambiar (Kochi), Dr. Ashwin David Ashok (Attingal)		
12:30 PM-12:45 PM		
	ICRAS Tool: Transforming Cardiometabolic Risk Assessment Through Science	Dr. Jothydev Kesavadev (Trivandrum)
Chairperson: Dr. Jothydev Kesavadev (Trivandrum)		
12:45 PM-01:30 PM		
	Early Intervention in Diabetes Care: The Role of Advanced Diabetes-Specific Nutrition Across the Continuum	Dr. Amit Gupta (Noida) Dr. Mathew John (Trivandrum)
01:30 PM- 02:30 PM	**LUNCH BREAK**	
Chairpersons: Dr. Rajapaul (Chennai), Dr. T Prasanna Kumar (Kochi)		
02:30 PM-03:15 PM		
	Exercise & Nutrition in Action: A Hands-On Workshop for Metabolic Disease Management	Ms. Sheryl Salis (Mumbai) Dr. Ashwin David Ashok (Attingal)

M VISWANATHAN HALL

DAY 2 - 11TH JULY 2026, SATURDAY

JPEF 2026

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Elizebath Jacob (Trivandrum), Ms. Mehak Dingra (New Delhi)		
03:15 PM-04:00 PM	**CONTEMPORARY WOMEN'S HEALTH**	
03:15 PM-03:30 PM	**Menopausal Hormone Therapy: When, How, and What If?**	Dr. Anupama Ramachandran (Trivandrum)
03:30 PM-03:45 PM	**The Midlife Woman: Managing Weight, Metabolism and Menopause Together**	Dr. Dhruvi Hasnani (Ahmedabad)
03:45 PM-04:00 PM	**PMOS: What's New, What's Different, and How to Choose the Best Care**	Dr. Brij Teli (Gujarat)
	Discussion	
04:00 PM-05:00PM	**INAUGURATION**	
Chairpersons: Ms Sunitha Jothydev (Trivandrum), Ms. Geethu Sanal (Trivandrum)		
05:15 PM-06:05 PM	**JPEF AIAARO SYMPOSIUM: MIND, METABOLISM AND MODERN DIABETES CARE**	
	KEYNOTE LECTURE	
05:15 PM–05:30 PM	**Alcohol, Smoking, Obesity: The Deadly Trio in DM**	Dr. Anita Nambiar (Kochi)
05:30 PM–05:45 PM	**Stress, Sleep and Substance Use: The Overlooked Determinants of Metabolic Health**	Dr. Arun B Nair (Trivandrum)
05:45 PM–06:00 PM	**Incretin Aftermath: Navigating Weight Plateau, Regain, and Long-Term Metabolic Success**	Dr. Prasanth Sankar (Pathanamthitta)
06:00 PM–06:05 PM	**Discussion**	

M VISWANATHAN HALL

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Suresh Purohit (Mumbai), Dr. Mohan Varghese (Thiruvalla)		
06:05 PM-06:25 PM		
06:05 PM-06:20 PM	**Building Better Outcomes: Advancing Insulin Injection Technique and Education."**	Dr. Nanditha Ramachandran (Chennai)
06:20 PM-06:25 PM	**Discussion**	
Chairpersons: Dr. Murali Gopal (Kannur), Dr. Shaji Khan A (Perunthalmanna)		
06:25 PM-07:15 PM	**CLINICAL NUGGETS IN DIABETES**	
06:25 PM-06:40 PM	**T1D Cure: What Future Looks Like**	Dr. Rutul Gokalani (Ahmedabad)
06:40 PM-06:55 PM	**Vitamin B12 Deficiency and Diabetes; The Hidden Link**	Dr. Sunil Prasobh P (Trivandrum)
06:55 PM-07:10 PM	**Diabetic Foot in 2026: What's New and What Works?**	Dr. Ajith Kumar S (Trivandrum)
07:10 PM-07:15 PM	**Discussion**	
07:15 PM-07:35 PM		
07:15 PM-07:30 PM	**KEYNOTE LECTURE** **Diabetes Remission - a Simple, Doable Approach**	Dr. Ashok Kumar Das (Puducherry)
07:30 PM-07:35 PM	**Discussion**	

M VISWANATHAN HALL

DAY 2 - 11TH JULY 2026, SATURDAY

JPCF 2026

TIME	TOPIC	SPEAKER
Chairperson: Dr. Asha Ashik (Kochi)		
07:35 PM-07:55 PM		
07:35 PM-07:50 PM	**Pancreatic Exocrine Deficiency in Diabetes**	Dr. Johny Kannampilly (Kochi)
07:50 PM-07:55 PM	**Discussion**	
Chairpersons: Dr. Sunal Garg (New Delhi), Dr. Radhakrishnan A P (Palakkad)		
07:55 PM-08:30 PM		
07:55 PM-08:10 PM	**How to Use EXCERCISE in the Best Way When Diabetic Complications Cry**	Dr. N K Singh (Kolkata)
08:10 PM-08:25 PM	**Physician Wellness the Key to Better Patient Care**	Dr. Lotika Purohit (Mumbai)
08:25 PM-08:30 PM	**Discussion**	
09:00 PM-10:00 PM	**GALA DINNER**	
10:00 PM ONWARDS	**DJ AND ENTERTAINMENT**	

V C MATHEW ROY HALL

DAY 2 - 11TH JULY 2026, SATURDAY

JPEF 2026

TIME	TOPIC	SPEAKER
Judges: Dr. Anita Nambiar (Kochi), Dr. Ajith Kumar S (Trivandrum)		
08:30 AM-09:30AM	**JPEF 2026 ORAL ABSTRACT PRESENTATION**	
08:30 AM-08:39 AM	**Community - based Assessment of Hypertension Risk in Diabetic Patients: Study Among a Rural Community Residing in Odisha**	Dr. Soumyaranjan Mohanty (Odisha)
08:40 AM-08:49 AM	**Comparative Analysis of Tyg Index and Hba1c in Assessing Glycemic Control in Type 2 Diabetes Mellitus**	Dr. Nizal Nazir K (Trivandrum)
08:50 AM-08:59 AM	**Perceptions, Psychological Barriers, and Socioeconomic Determinants of Insulin Use Among Type 2 Diabetic Patients: A cross sectional study in Kerala**	Dr. Nivya N K (Calicut)
09:00 AM-09:09 AM	**Unmasking Early Cardiac Dysfunction In Prediabetes: Insights From Conventional Two-Dimensional Echocardiography**	Dr. Shivani Paliwal (Chennai)
09:10 AM-09:19 AM	**Diabetes Mellitus Among Patients with Tuberculosis Diagnosed in a Tertiary Care Centre: An Observational Study**	Dr. Arshiya Rashid (Trivandrum)
09:20AM- 09:29 AM	**Bridging the Gap in Insulin Safety: A Pre–Post Study on Insulin–Syringe Mismatch Awareness and the Impact of Visual Educational Intervention**	Dr. Ardra Sudheerlal (Thiruvalla)

V C MATHEW ROY HALL

DAY 2 - 11TH JULY 2026, SATURDAY

JPOF 2026

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Junaid Naina (Trivandrum), Dr. Ajayakumar S (Adimali)		
09:30 AM- 10:05 AM	**THE METABOLIC CONTINUUM: FROM SCREENING TO PREVENTION**	
09:30 AM-09:45 AM	**Diabetes, Obesity, and MASLD: A Triple Epidemic**	Dr. Shiji PV (Calicut)
09:45AM-10:00 AM	**Screening & Educational Campaigns Around Obesity and Diabetes**	Dr. Ritu Johari (Mumbai)
10:00 AM-10:05 AM	**Discussion**	
Moderators: Dr. Purvi Chawla (Mumbai), Dr. Ajith Kumar P.V (Trivandrum)		
10:10AM- 11:40 AM	**CHOOSING THE RIGHT CGM: ACCURACY AND INDIVIDUALIZATION ACROSS THE DIABETES SPECTRUM**	
10:10 AM-10:50 AM	**Case Discussion 1**	Dr. Daphne Gardner (Singapore)
10:50 AM-11:20 AM	**Case Discussion 2**	Dr. Julia Mader (Austria)
11:20 AM-11:35 AM	**CGM in T2D! Every Curve Tells a Story: A Case Based Discussion**	Dr. Asha Ashik (Kochi)
11:35 AM-11:40 AM	**Discussion**	

V C MATHEW ROY HALL

DAY 2 - 11TH JULY 2026, SATURDAY

JPOF 2026

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Dhruvi Hasnani (Ahmedabad), Dr. Jyotsana Rangeen (New Delhi)		
11:40 AM-12:40 PM	**PANEL DISCUSSION**	
	Growing Strong: Endocrinology Across Childhood	Dr. Elizabeth K.E (Trivandrum) Dr. Parvathy L (Kochi) Dr. Riaz I (Trivandrum) Dr. Veena V Nair (Trivandrum)
Moderator: Dr. Madhu N (Paravur)		
12:40 PM-01:30 PM	**ONE DISEASE, MANY FACES: THE HETEROGENEITY OF TYPE 2 DIABETES**	
12:40 PM-12:55PM	**Managing Diabetes in the Gulf, a Multiracial Multinational and Multilingual Community.**	Dr. Riaz Ahammad (Dubai)
12:55 PM – 1:10 PM	**Beta-Cell Decline in T2D: Mechanisms, Clinical Impact and Unmet Therapeutic Needs**	Dr. Ashwin Karuppan Vishwanathan (Chennai)
01:10PM – 01:25PM	**Beyond Diabesity: The Expanding Universe of GLP-1**	Dr. Ashwin Valliot (Kannur)
01:25 PM-01:30 PM	**Discussion**	

V C MATHEW ROY HALL

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
01:30 PM-02:30 PM	**LUNCH BREAK**	
Chairpersons: Dr. Junaid Naina (Trivandrum), Dr. Ajayakumar S (Adimali)		
02:40 PM-03:00 PM		
02:40 PM-02:55 PM	**Targeting Inflammation to Manage Atherosclerosis**	Dr. Vinod Mittal (New Delhi)
02:55 PM-03:00 PM	**Discussion**	
Moderators: Dr. Hitesh Saraogi (Ghaziabad), Dr. Harish Kumar G (Pala)		
03:00 PM-03:50 PM	**THE WHOLE PATIENT IN DIABETES CARE**	
03:00 PM-03:15 PM	**Body Composition Analysis: Transforming Diabetes Care in the Era of GLP-1 Therapy**	Ms. Sakshi Sachin Mhatre (Mumbai)
03:15 PM-03:30 PM	**Beyond Glucose: The Complaints Nobody Understands!**	Dr. S V Kulkarni (Mumbai)
03:30 PM-03:45 PM	**Role of NAC Taurine and Pyridoxamine in reducing Microalbumininuria and Creatininemia**	Dr. Sampath Kumar (Madurai)
03:45 PM-03:50 PM	**Discussion**	
04:00 PM-05:00PM	**INAUGURATION**	

V C MATHEW ROY HALL

DAY 2 - 11TH JULY 2026, SATURDAY

JPOF 2026

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Sanjay Gandhi (Pune), Dr. Amirthlal P (Kollam)		
05:15 PM-05:55 PM	**DETECTION, DISTRESS AND BETTER OUTCOMES**	
05:15 PM-05:30 PM	**The Evolving Technology for Diabetic Foot Assessment and Detection.**	Dr. Amit Gupta (Noida)
05:30 PM-05:45 PM	**Diabetes Distress**	Dr. Firdous Shaikh (Mumbai)
05:45 PM-05:55 PM	**Discussion**	
Moderators: Ms. Anjana Basanth (Trivandrum), Ms. Varsha Shyam (Trivandrum)		
06:00 PM-07:00 PM	**TYPE 1 DIABETES WHITE PAPER DISCUSSION**	
	Speaking Up For T1D: What Governments, NGOs And Society Need to Hear	Dr. Jothydev Kesavadev (Trivandrum) Dr. Banshi Saboo (Ahmedabad) Dr. Shashank Joshi (Mumbai) Dr. Smita Joshi (Ahmedabad) Ms. Mehak Dingra (New Delhi) Ms. Jyotsana Rangeen (New Delhi) Ms. Riddhi Modi (Mumbai) Ms. Indu Thamby (Trivandrum)
Chairpersons: Dr. Sandeep Suri Hissar (New Delhi), Dr. Nirmal George (Trivandrum)		
07:00 PM-07:40 PM	**INSULIN WORKSHOP**	
07:00 PM-07:15 PM	**Modulating Early PPG Excursions and the 4-hour Glycaemic Trajectory**	Dr. Nanditha Ramachandran (Chennai)
07:15 PM-07:30 PM	**Optimizing In-Hospital Insulin Therapy Across Levels of Care**	Dr. Akhil Krishna (Trivandrum)
7:30 PM-7:40 PM	**Discussion**	

V C MATHEW ROY HALL

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
Chairpersons: Ms. Vaishali Karmarkar (Pune), Dr. Shahana Yasmin (Kanhangad)		
07:40 PM-08:30 PM		
07:40 PM-07:55 PM	**Retatrutide: Promise, Potential and Practical Implications**	Dr. Raveendranath V (Trichy)
07:55 PM-08:10 PM	**Adipose Tissue Plasticity, Lipoprotein Metabolism And Cardiovascular Risk- The Emerging Role of GLP-1 Axis**	Dr. Sandeep Suri Hissar Hissar (New Delhi)
08:10 PM-08:25 PM	**Sleep Apnoea and Cardio - metabolic Health in Diabetes**	Dr. Shahbaz Zailu (Trivandrum)
08:25 PM-08:30 PM	**Discussion**	
09:00 PM-10:00 PM	**GALA DINNER**	
10:00 PM ONWARDS	**DJ AND ENTERTAINMENT**	

POSTER THEATRE

DAY 2 - 11TH JULY 2026, SATURDAY

JPCP 2026

TIME	TOPIC	SPEAKER

Judges: Dr. Raveendran A V (Oman), Dr. Sunil Prasobh P (Trivandrum), Dr. Arun Shankar (Trivandrum), Dr. Sumesh Raj (Trivandrum)

02:30 PM-05:41 PM	POSTER PRESENTATION	
02:30 PM-02:37 PM	**G.I.A.N.T. Study: Glycemic Intelligence–Augmented Novel Triage Framework Using CGM-AGP Metrics**	Dr. Ashwin Karuppan Vishwanathan (Chennai)
02:38 PM-02:45 PM	**Association of Lipid Accumulation Product with Hepatic Steatosis Grade in Adults with Type 2 Diabetes: Preliminary Findings**	Dr. Krishnadev Jothydev (Trivandrum)
02:46 PM-02:53PM	**CGM-Guided Phenotype-Driven Diagnosis of Antibody-Negative Diabetes in an Adolescent Girl: A Case Report**	Dr. Ritu Johari (Mumbai)
02:54 PM-03:01 PM	**A Mixed-Methods Study on Generational Differences in Diabetic Self-care and Spousal Support**	Ms. Mariamma Joseph (Thiruvalla)
03:02 PM-03:09 PM	**Vildagliptin-Associated Bullous Pemphigoid in Type 2 Diabetes Mellitus: A Case Report**	Dr. Ankit Notwani (Chennai)
03:10 PM-03:17 PM	**Prevalence and Determinants of Masked Hypertension in Diabetic Patients**	Dr. Sumayya Beegum K T (Calicut)
03:18PM-03:25 PM	**Diabetic Striatopathy Presenting as Hemichorea: PET-CT Correlated Case Report**	Dr. Bidisha Borthakur (Chennai)
03:26 PM-03:33 PM	**To Assess the Association Between Postprandial Hypertriglyceridemia And Carotid Intima - media Thickness in Patients With T2DM**	Dr. Sharath Chandra Reddy

POSTER THEATRE

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
03:34 PM-03:41 PM	**Central Diabetes Insipidus in a Patient with Controlled Type 2 Diabetes Mellitus Presenting with Persistent Polyuria and Polydipsia: A Case Report**	Dr. Samreen Anwar Shaikh (Chennai)
03:42 PM-03:49 PM	**Distribution and Determinants of Peripheral Neuropathy Among Patients With Type 2 Diabetes Mellitus and its Association With Homeostatic Model Assessment Index Insulin Resistance Test (HOMA-IR)**	Dr. Buddha Sai Krishna
03:50 PM-03:57 PM	**Prevalence and Determinants of Low Testosterone Levels in Men with Type 2 Diabetes Mellitus Presenting to a Tertiary Care Hospital**	Dr. Erigela Mallikarjuna Reddy (Chennai)
03:58 PM-04:05 PM	**Audits and Checklist in Improving Clinical Care in Diabetes**	Dr. Angel Mariam Wilson (Thiruvalla)
04:06PM-04:13 PM	**Impact of Support in maintaining the Quality of Life and Glycemic Control in Type 1 Diabetes**	Dr. Rinto Jose Pratheeksh (Thiruvalla)
04:14 PM-04:21 PM	**Disposal of Sharps Used in the Care of People Living with Diabetes**	Ms. Shanty Santhosh (Thiruvalla)
04:22 PM-04:29 PM	**Determinants of Metabolic Dysfunction-Associated Steatotic Liver Disease in Patients With Type 2 Diabetes in a Tertiary Care Center in North Kerala**	Dr. Rahul Chenchery Pradeep Kumar (Calicut)

POSTER THEATRE

DAY 2 - 11TH JULY 2026, SATURDAY

TIME	TOPIC	SPEAKER
04:30 PM-04:37 PM	**When the Pancreas Speaks First: A Diabetic Presentation of Alagille Syndrome**	Dr. Anis Mirdas P (Calicut)
04:38 PM-04:45 PM	**Transforming Glycemic Control: CGM-Guided Lifestyle Intervention in Uncontrolled Diabetes**	Ms. Uma Kalyani (Trivandrum)
04:46 PM-04:53 PM	**Effect of Oral Vitamin D Supplementation on Diabetic Neuropathy Pain Along With Standard Treatment in Type 2 Diabetes Mellitus: A Prospective Randomized Controlled Study**	Dr. Bollikonda Suhas Goud (Chennai)
05:02 PM-05:09 PM	**Insulin Autoimmune Syndrome (Hirata Disease): A Case Series of Three Patients with Spontaneous Hypoglycaemia**	Dr. Noorjahan Jainulabudeen (Trivandrum)
05:10 PM-05:17 PM	**A typical Cutaneous Manifestations as Early Screening Triggers for Undiagnosed Type 2 Diabetes Mellitus: A Systematic Review and Meta-Analysis of 55 Studies**	Dr. Sivaramaparipooranan M (Tirunelveli)
05:18 PM-05:25 PM	**Real world Clinical Perspectives on Patient Presentation & Adoption of Guideline-Directed Medical Therapy in HFrEF Patients in India: Insights from REAL HF Survey.**	Dr. Vijin Joseph (Kochi)
05:26 PM-05:33 PM	**BCSI-T2D A Novel β-Cell Stress Index to Guide Timely Insulin Initiation in Type 2 Diabetes**	Dr. Aafrin Shabbir (Chennai)
05:34PM-05:41 PM	**Ethnic Phenotypes of Lean Diabetes: Why South Asians Develop Diabetes at Lower BMI- A Narrative Review**	Dr. Sreya Sastha Kumar (Tirunelveli)

SADIKOT HALL

DAY 3 - 12TH JULY 2026, SUNDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Anita Nambiar (Kochi), Dr. Asha Ashik (Kochi)		
09:00 AM-9:30 AM	**JPEF 2026 ORAL ABSTRACT PRESENTATION**	
09:00 AM- 09:09 AM	**Developmental Tempo Buffering and the Global Diversity of Type 2 Diabetes Phenotypes: A Conceptual Framework**	Dr. Anand Raja D S (Kochi)
09:10AM – 09:19AM	**From Missed Opportunities to Systematic Screening: Clinical Audit by EMR-Based Checklist Implementation**	Dr.Shone Padinajrethil George (Thiruvalla)
09:20 AM – 09:29AM	**Semaglutide demonstrates efficacy in improving liver fibrosis across diverse subpopulations in part 1 of the ESSENCE trial – outcomes in Asian and non-Asian populations**	Dr. Ramakrishnan S (Bengaluru)
Chairpersons: Dr. Ajayakumar S (Adimali), Dr. A P Radhakrishnan (Palakkad)		
09:30 AM-09:50 AM		
09:30 AM-09:45 AM	**Diabetic-Specific Nutrition - Indian Perspective**	Dr. K N Manohar (Karnataka)
09:45 AM-09:50 AM	**Discussion**	
Moderators: Dr. Manojan K K (Trivandrum), Dr. Harish Kumar G (Pala), Dr. Anita Nambiar (Kochi)		
09:50 AM-10:30 AM	**DIABETES CARE 2026: WHAT EVERY CLINICIAN SHOULD DO DIFFERENTLY?**	
09:50 AM-10:05 AM	**How low should we go? Blood Pressure Targets in Diabetes in 2026**	Dr. Anil Kumar Virmani (Jharkhand)

SADIKOT HALL

DAY 3 - 12TH JULY 2026, SUNDAY

TIME	TOPIC	SPEAKER
10:05 AM-10:20 AM	**Beyond Guidelines: Personalizing Diabetes Care in the Real World**	Dr. Aravinda Jagadeesha (Bengaluru)
10:20 AM-10:35 AM	**Apps, Algorithms and Outcomes: The Digital Revolution in Diabetes and Obesity Care**	Dr. Anjana Ranjit Mohan (Chennai)
10:35 AM-10:40 AM	**Discussion**	

Chairpersons: Dr. Mahadevan K (Trivandrum), Dr. Balakrishnan Valliyot (Kannur)

10:40 AM-11:05 AM		
	KEYNOTE LECTURE	
10:40 AM-11:00 AM	**Recent Advances in Lipid Management**	Dr. Ranjit Unnikrishnan (Chennai)
11:00 AM-11:05 AM	**Discussion**	

Chairpersons: Dr. Arun Shankar (Trivandrum), Dr. Shaji Khan A (Perunthalmanna)

11:05 AM-11:25 AM		
11:05 AM-11:20 AM	**2026 Vision of Managing T2DM with CKD**	Dr. Mathew John (Trivandrum)
11:20 AM-11:25 AM	**Discussion**	

Chairpersons: Dr. Jothydev Kesavadev (Trivandrum), Dr. Harish Kumar G (Pala)

11:25 AM-11:50 AM	**DIABETESINDIA ORATION**	
	Why Acarbose Matters in Indian Diabetes Management	Dr. Banshi Saboo (Ahmedabad)

SADIKOT HALL

DAY 3 - 12TH JULY 2026, SUNDAY

JPCRF 2026

TIME	TOPIC	SPEAKER
Chairperson: Dr. Mathew John (Trivandrum)		
11:50 AM-12:50 PM	**OBESITY IS A DISEASE AND LEADS TO MANY METABOLIC COMPLICATIONS**	
11:50 AM-11:55 AM	**Introduction and context setting**	Dr. Mathew John (Trivandrum)
11:55 AM-12:10 PM	**Beyond BMI: Practical Diagnosis & Risk Stratification in Obesity**	Dr. Vimal M V (Calicut)
12:10 PM-12:25 PM	**Bridging the Gap: Overcoming Clinical Inertia in Obesity Management**	Dr. Akhil Krishna (Trivandrum)
12:25 PM-12:40 PM	**The Long Game: Sustained Outcomes & Chronic Care Model in Obesity**	Dr. Jeevan Joseph (Kottayam)
12:40 PM-12:50 PM	**Recall Message**	Dr. Mathew John (Trivandrum)
Chairperson: Dr. Jothydev Kesavadev (Trivandrum), Dr. Asha Ashik (Kochi)		
12:50 PM-1:10 PM		
12:50 PM-01:05 PM	**Empa-Vica session : Empagliflozin + Vicadrostat: An Emerging Perspective-**	Dr. Praveen Muralidharan (Trivandrum)
01:05 PM-01:10 PM	**Discussion**	

SADIKOT HALL

DAY 3 - 12TH JULY 2026, SUNDAY

JPOF 2026

TIME	TOPIC	SPEAKER
Chairperson: Dr. Rafiq Mohamed (Kochi)		
01:10 PM-01:30 PM		
01:10 PM-01:25 PM	**One-hour Post prandial/post glucose Challenge - why is it important?**	Dr. G Vijaya kumar (Chennai)
01:25 PM-01:30 PM	**Discussion**	
1:30 PM- 01:45 PM	**VALEDICTORY FUNCTION**	
01:45 PM-02:40 PM	**LUNCH BREAK**	

M VISWANATHAN HALL

DAY 3 - 12TH JULY 2026, SUNDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Sridhar K (Bengaluru), Dr. Arun Shankar (Trivandrum)		
09:00 AM -09.50AM		
09:00 AM – 09:15 AM	**Clinical and Metabolic charecteristics of Spontaneous Remission in T2DM: Real world Analysis of 2,43,000 individuals**	Dr. Akshay Subramanian (Trivandrum)
09:15 AM – 09:30 AM	**Management of Thyroid Disorders in Pregnancy: A critical Reappraisal**	Dr. Vimal MV (Calicut)
09:30 AM – 09:45 AM	**Linking Adherence to Outcomes: A simple Diabetes Management Score in Real-World Practice**	Dr. Rajesh Kesari (New Delhi)
09:45 AM – 09:50 AM	**Discussion**	
Chairpersons: Dr. Chacko Varghese (Trivandrum), Dr. Harish Kumar G (Pala)		
09:50 AM -10:25 AM		
09:50 AM-10:05 AM	**T2D+ ≥ 3RF: Intervening aggressively before It's Too Late**	Dr. M Shunmugavelu (Trichy)
10:05 AM-10:20 AM	**Unmasking Hyperkalemia across the CKD continum**	Dr. Praveen Muralidharan (Trivandrum)
10:20 AM–10:25 AM	**Discussion**	
Moderators: Dr. Manoj P Mathews (Trivandrum), Dr. Sandeep R (Trivandrum)		
10:25 AM-11:15 AM	**NEW PERSPECTIVES IN DIABETES AND ENDOCRINE CARE**	
10:25 AM-10:40 AM	**Diabetic Pneumopathy: Myth or Emerging Clinical Reality?**	Dr. Sumesh Raj (Trivandrum)

M VISWANATHAN HALL

DAY 3 - 12TH JULY 2026, SUNDAY

JPOF 2026

TIME	TOPIC	SPEAKER
10:40 AM-10:55 AM	**Building the Diabetes Clinic of 2030**	Dr. Bharat Saboo (Indore)
10:55 AM-11:05 AM	**Obesity Hypoventilation Syndrome and Diabetes: The Overlooked Epidemic**	Dr. Arjun P (Trivandrum)
11:05 AM-11:15 AM	**Discussion**	

Chairpersons: Dr. Chacko Varghese (Trivandrum), Dr. Anita Nambiar (Kochi)

11:15 AM-11:35 AM		
11:15 AM-11:30 AM	**The 'Best in Care' Hierarchy: Prioritizing Comorbidity-Driven Management in Type 2 Diabetes**	Dr. Jayakrishnan B (Tirur)
11:30 AM-11:35 AM	**Discussion**	

Chairpersons: Dr. Shahana Yasmin (Kanhangad), Dr. Yaseen Unes (Haripad)

11:35 AM-12:25 PM		
11:35 AM-11:50 AM	**Do's and Dont's in Older Adults with Diabetes**	Dr. Krishnadev Jothydev (Trivandrum)
11:50 AM-12:05 PM	**Muscle Matters in Diabetes: Understanding and Managing Sarcopenia**	Dr. Rojith Balakrishnan (Calicut)
12:05 PM-12:20 PM	**The Diabetic Kidney: What Every Clinician Should Do Differently Today**	Dr. Radhika C. R (Trivandrum)
12:20 PM-12:25 PM	**Discussion**	

M VISWANATHAN HALL

DAY 3 - 12TH JULY 2026, SUNDAY

TIME	TOPIC	SPEAKER
Chairpersons: Dr. Ashwin David Ashok (Attingal), Dr. Rafiq Mohamed (kochi)		
12:25 PM-12:45 PM		
12:25 PM-12:40 PM	**GLP-1 receptor agonists synergize with DYRK1A inhibitors to potentiate functional human beta cell regeneration**	Dr. Sabu Augustine (Madurai)
12:40 PM – 12:45 PM	**Discussion**	
Chairperson: Ms. Anjana Basanth (Trivandrum)		
12:45 PM-01:30 PM	**LIFESTYLE- A PODCAST IN STYLE**	
	Nutrition and Exercise Unplugged: Conversations Across Metabolic Health	Ms. Geethu Sanal (Trivandrum) Ms. Soumya S Nair (Kollam) Dr . Leena Saju (Trivandrum) Ms. Riddhi Modi (Mumbai)
1:30 PM- 01:45 PM	**VALEDICTORY FUNCTION**	
01:45 PM-02:40 PM	**LUNCH BREAK**	

V C MATHEW ROY HALL

DAY 3 - 12TH JULY 2026, SUNDAY

JPOF 2026

TIME	TOPIC	SPEAKER
Chairperson: Dr. Jayalekshmi R Kurup (Kochi)		
09:15 AM-10:05 AM		
09:15 AM-09:30 AM	**Sick Day Rules & Diabetes**	Dr. Aarathy Kannan (Tuticorin)
09:30 AM-09:45 AM	**OSA And Metabolic Syndrome**	Dr. Kannan Natrajan (Chennai)
09:45 AM-10:00 AM	**Early Gestational Diabetes: Do We Know What to Do?**	Dr. Jayakumari C (Kottayam)
10:00 AM-10:05 AM	**Discussion**	
Moderators: Dr. Radhakrishnan A P (Palakkad), Dr. Shaji Khan A (Perunthalmanna)		
10:05 AM-10:55 AM		
10:05 AM-10:20 AM	**Diabetic Foot Ulcers: Patient-Centered Strategies to Prevent Amputation Through Earlier Referral**	Dr. Ajay Kumar Yadav (Nepal)
10:20 AM-10:35 AM	**Diabetic foot ulcer, Where do we miss?**	Dr. R C Sreekumar (Trivandrum)
10:35 AM-10:50 AM	**Optimizing Outcomes for Complete Wound Closure in DFU**	Dr. Ajaiyakumar S K (Trivandrum)
10:50 AM-10:55 AM	**Discussion**	

V C MATHEW ROY HALL

DAY 3 - 12TH JULY 2026, SUNDAY

TIME	TOPIC	SPEAKER
Moderator: Dr. Ashwin David Ashok (Attingal)		
11:00 AM-12:00 PM	**PANEL DISCUSSION**	
	Complementary and Alternative Medicine in Diabetes: Promise, Pitfalls and Patient Safety	Dr. Suresh Kumar P (Calicut) Dr. Jayakumar C (Trivandrum) Dr. Akshay Subramanian (Trivandrum) Dr. Riaz Ahmmad (Dubai) Dr. Rafiq Mohamed (Kochi)
Chairperson: Dr. Junaid Naina (Trivandrum)		
12:00 PM-12:20 PM		
12:00 PM-12:15 PM	**Diabetes and Tuberculosis: A Dangerous Bidirectional Relationship**	Dr Ameer K A (Trivandrum)
12:15 PM-12:20 PM	**Discussion**	
Chairperson: Dr. Rajapaul (Chennai)		
12:20 PM- 01:10 PM		
12:20 PM-12:35 PM	**CT-Based Metabolic Syndrome Risk Classification and opportunistic screening using AI**	Dr. Manoj K S (Trivandrum)
12:35 PM-12:50 PM	**Diabetes and Dyslipidemia**	Dr. Hitesh Saraogi (Ghaziabad)

V C MATHEW ROY HALL

DAY 3 - 12TH JULY 2026, SUNDAY

TIME	TOPIC	SPEAKER
12:50 PM-01:05 PM	**ICMR National Task Force on Safe and Rational Use of Medicines (SRUM)**	Dr. Sowparnika Treasa Sabu (New Delhi)
01:05 PM-01:10 PM	**Discussion**	
1:30 PM- 01:45 PM	**VALEDICTORY FUNCTION**	
01:45 PM-02:40 PM	**LUNCH BREAK**	

POSTER AREA

TOPIC	SPEAKER
E- Posters	
Barriers to Diabetes Prevention and Early Screening in Kerala: A Retrospective Review of Evidence and Policy Challenges	Dr. Divya K J (Kochi)
Knowledge, Attitude, and Practice Regarding Type 2 Diabetes Mellitus Among Patients Attending a Tertiary Care Center: A Prospective Study	Dr. Noorjahan Jainulabudeen (Trivandrum)
The Fifth-Day DKA: A Case of Catamenial Cyclic Vomiting Syndrome	Dr. S Nava Mallika Sreya (Chennai)
Quadriceps Sign: A Simple Bedside Clinical Sign for Early Diagnosis of Diabetic Lumbosacral Radiculoplexoneuropathy – A Case Series	Dr. Ameena P A
A Cross-Sectional Study of the Levels of Serum Gamma-Glutamyl Transferase (GGT) in Newly Diagnosed Type 2 Diabetes Mellitus Patients and Its Association with HbA1c Level	Dr. Elavarasan G (Chennai)
GLP-1 IMPACT: HOW GLP-1s ARE CHANGING THE DIABETES TREATMENT PARADIGM AND OBESITY	Dr. Mahima Sanjay Koshatwar
Early-Onset Type 2 Diabetes in Kerala: A Lifestyle-Driven Shift towards Younger Disease Onset	Dr. ASWATHY GOPAN (Pathanamthitta)
Prevalence, Perceptions, and Financial Burden of Dietary Supplement Use Among Diabetes Outpatients in a Tertiary Care Centre in Kerala, India: A Cross-Sectional Study	Dr. Angela Antu Joseph (Thiruvalla)
A Mixed Methods Study on Generational Differences in Diabetic Self-care and Spousal Support	Ms. Mariamma Joseph (Thiruvalla)

POSTER AREA

TOPIC	SPEAKER
Role of AI driven Apps in Diabetes Management	Dr ABHISEKH RAHA (Assam)
AI-assisted Basal Insulin Titration in Type 2 Diabetes: Pilot Outcomes and Feasibility Study	Dr. Vivek Raskar (Mumbai)
Knowledge, Attitude and Practice Towards Sarcopenia Among Diabetic Patients Attending Outpatient Department of a Tertiary Care Centre in Kerala, India	Dr. Vysakh T S (Kochi)
SOUND – South India: Study of Outcomes with Use of Novel Drug in Diabetes: Effectiveness of Imeglimin in the Uncontrolled Diabetes in South Indian population	Dr. Aafrin Shabbir (Chennai)
Treatment-Seeking Behaviour and Control Status of Selected Parameters Among Patients with Non-Communicable Diseases in Rural Kerala, India	Dr. Nivya N K (Calicut)
A Rare Storm of Viral, Metabolic, and Immune Challenges: Successful Management of Dengue Encephalitis Complicated by Hemophagocytic Lymphohistiocytosis and New-Onset Type 1 Diabetes Mellitus Presenting with Diabetic Ketoacidosis	Dr. Deepak Raj (Chennai)

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